## Installation Instructions For Safety Boot ${ }^{\circ}$ Tall Guardrail Brace



## STEP 1

Cut two 2X4's to desired height and fasten together to create a double $2 \times 4$ post. Posts can be a maximum of 65 inches tall for use with the Safety Boot ${ }^{\oplus}$ Tall Guardrail Brace.

NOTE: The Tall Guardrail Brace is NOT NEEDED for standard 42 inch ( $\pm 3$ inches) guardrail systems.

Install Safety Boot units with posts attached along all open edges and floor openings following the installation instructions for the Safety Boot Guardrail System found in this booklet.

NOTE: Different subfloor materials require different fasteners. Please Refer to the FASTENER SPECIFICATIONS page found in this booklet.

For Tall Guardrail Systems Over 45 inches ( $42 \pm 3$ inches is standard height), we recommend using a third horizontal rail as shown in FIGURE 1 on the front cover of this booklet.

Fasten horizontal top rails in line with top of posts, fasten upper mid rail $1 / 3$ distance down and the lower mid rail another $1 / 3$ distance down.

The three horizontal railings should be evenly spaced as shown in FIGURE 1 on the front cover of this booklet. If needed, be sure and add toeboards following the installation instructions for the Safety Boot Guardrail System found in this booklet.

Insert tall guardrail posts into each Safety Boot Guardrail System unit as instructed in the Safety Boot Installation Instructions in this booklet.

Be sure and secure each post to the Safety Boot unit using 3/8" X 2" lag screw (with supplied Fender Washer) through the hole in the sidewall of the Safety Boot unit.

## STEP 4

Once the Safety Boot units with posts attached are in place and secured to the subfloor, insert the Tall Guardrail Brace into the open toeboard slot on the INSIDE of the Safety Boot unit. Secure Tall Guardrail Brace to the post using 3/8"X $2^{\prime \prime}$ lag screws (with supplied Fender Washers) as shown in FIGURE 2 below.

Please refer to the FASTENER SPECIFICATIONS page found in this booklet for subfloor fastener specifications.


Properly Installed Safety Boot ${ }^{\circledR}$ With Tall Guardrail Brace Attached

# Certificate of Test Stress Engineering Services, Inc. 

13800 Westfair East Drive Houston, Texas 77041

TEST DATE:
April 15, 2007
SEX PR 116466
TEST CUSTOMER: Safety Maker, Houston TX
TEST PIECES: Sample 1-3 Safety Boot Tall Guardrail Brace
TEST REQUIREMENTS: Proof test samples by pulling in a horizontal direction.

## TEST RESULTS:

Sample 1 was mounted using $3 / 8$ " $\times 2$ " lag bolts in plywood only and pulled to 354 lbs. No failure of the sample occurred. Test stopped per Safety Maker representative instructions.

Sample 2 was mounted using $3 / 8 " \times 3$ " lag bolts in solid wood and pulled to 440 lbs. No failure of the sample occurred. Test stopped per Safety Maker representative instructions.

Sample 3 was mounted using $3 / 8$ " $\mathbf{x}$ " lag bolts in solid wood and pulled to 404 lbs . No failure of the sample occurred. Test stopped per Safety Maker representative instructions.

Attachment A - Hand Log
Attachment B - Plot of Applied Test Loads
Attachment C - Photographs of General Test Setup
Attachment D -Equipment Calibration Documentation

Tested By:


Jimmy Reseda,
SES Senior Technician

Approved By:

W. T. Asbill, P.E.


## Safety Boof Tall Guardrail Brace Provides Guardrail Protection Up To 65 Inches

The Safety Boot ${ }^{\circledR}$ Tall Guardrail Brace is designed to allow contractors to stay in compliance with the NOTE in United States Federal OSHA Standard 1926.502(b) (1) which states: Top edge height of top rails, or equivalent guardrail system members, shall be 42 inches $(1.1 \mathrm{~m})$ plus or minus 3 inches $(8 \mathrm{~cm})$ above the walking/working level.


The Sufety Boot ${ }^{\circledR}$ Tall Guardrail Brace is NOT needed for standard 42 inch ( $\pm 3$ ) guardrail systems.

When conditions warrant, the height of the top edge may exceed the 45-inch height, provided the guardrail system meets all other criteria of this paragraph.

NOTE: When employees are using stilts, the top edge height of the top rail, or equivalent member, shall be increased an amount equal to the height of the stills.

The Safety Boot ${ }^{\ominus}$ Tall Guardrail Brace is designed and tested for use exclusively with the Safety Boot ${ }^{+}$Guardrail System on guardrail systems that exceed 45 inches in height up to a maximum height of 65 inches.

P.O. Box 880 - Cypress, Texas 77410-0880

Phone 800.804.4741 or 832.593 .0400 - Fax 800.914 .8019 or 832.593 .0910
www.safetyboot.com


# - INSTALLATION INSTRUCTIONS 

# See inside for defailed illustrations and stress engineering report summary 

 WARNING! * NEVER USE NAILS OR UNSPECIFIED FASTENERS
## To Anchor the Safety Boot - Different Types of Subfloor Material Require Different Types of Fasteners In Order to Exceed the 200 lb. OSHA Guardrail Requirement

## > IMPORTANT NOTICE >

All specifications and dimensions for building compliant railing systems given within these installation instructions are written to meet United States Federal OSHA requirements of 1926.502(b)(3), (4), and (5) which are subject to change. Individual U.S. States with their own State run OSHA agencies might have slightly different and varying specifications for guardrail requirements. Be sure to check and confirm if your particular state follows Federal OSHA or State OSHA regulations. Always follow the specific safety regulations for your state or region. This system is designed and tested for flat surface applications only.

MAKE SURE EACH PERSON READS AND UNDERSTANDS THESE INSTRUCTIONS PRIOR TO USE. FAILURE TO OBSERVE THIS WARNING COULD RESULT IN SERIOUS INJURY OR DEATH. MANUFACTURER ASSUMES NO LIABILITY IN THE EVENT OF IMPROPER INSTALLATION, PRODUCT MISUSE, OR FAILURE OF WOOD CONSTRUCTION SUBSTRATE. NEVER ALTER OR MODIFY THE SAFETY BOOT. ALWAYS CAREFULYY INSPECT EACH SAFETY BOOT BEFORE EVERY NEW INSTALLATION. REPLACE IMMEDIATELY IF YOU NOTICE ANY SIGNS OF EXCESSIVE WEAR, DAMAGE, ABUSE OR PLASTIC DEGRADATION.

## OSHA REGULATIONS (STANDARDS - 29 CFR)

## Guardrail Systems - Non-Mandatory Guidelines for Complying with 1926.502(b) 1926 Subpart M App B states that for wood railings:

... (1) For wood railings: Wood components shall be minimum $1500 \mathrm{lb}-\mathrm{ft} / \mathrm{in}(2)$ fiber (stress grade) construction grade lumber; the posts shall be at least 2-inch by 4 -inch $(5 \mathrm{~cm} \mathrm{x} 10 \mathrm{~cm})$ lumber spaced not more than 8 feet $(2.4 \mathrm{~m})$ apart on centers; the top rail shall be at least 2 -inch by 4 -inch ( $5 \mathrm{~cm} \times 10$ $\mathrm{cm})$ lumber, the intermediate rail shall be at least 1 -inch by 6 -inch $(2.5 \mathrm{~cm} \mathrm{x} 15 \mathrm{~cm})$ lumber. All lumber dimensions are nominal sizes as provided by the American Softwood Lumber Standards, dated January 1970 . . .

# For Technical Support or to Reorder, Call Toll Free 1.800.804.4741 www.safetyboot.com info@safetyboot.com 


© 2017 SAFETY MAKER, INC. P.O. Box 880 Cypress, Texas 77410.0880 Phone 832.593 .0400 or 800.804 .4741 Fax 832.593 .0910 or 800.914 .8019

- FASTENER SPECIFICATIONS


## WARNING! * NEVER USE NAILS OR UNSPECIFIED FASTENERS

To Anchor the Safety Boot - Different Types of Subfloor Material Require Different Types of Fasteners In Order to Exceed the 200 lb. OSHA Guardrail Requirement

## FASTENER SPECIFICATIONS FOR VARIOUS TYPES OF SUBFLOOR MATERIAL APPLICATIONS

## SOLID 2X WOOD APPLICATIONS

 for solid wood applications use:- 4 - Hex-Head Lag Screws, $3 / 8 \times 2$ inch and;
- $4-3 / 8 \times 1-1 / 2$ Inch Fender Washers (Fender Washers supplied with all orders)
- Anchor directly into solid 2 X lumber using the four primary corner holes.

STURD-I-FLOOR ${ }^{\circledR}$ ( $1-1 / 8$ INCH THICK) PLYW00D for Sturd---Floor ${ }^{\circledR}$ ( $1-1 / 8$ inch thick) plywood applications use:
-5 - Hex-Head Lag Screws, $3 / 8 \times 2$ inch and;

- $5-3 / 8 \times 1-1 / 2$ Inch Fender Washers (Fender Washers supplied with all orders)
- Anchor directly into Sturd---Floor ${ }^{\circledR}$ ( $1-1 / 8$ inch thick) plywood using the four primary corner holes and by adding a 5th screw on the inside of the guardrail or stair rail system in the secondary hole provided.


## CONCRETE APPLICATIONS

for concrete applications use:

- 4 -Common Masonry Fasteners or Similar Concrete Anchors and;
- $4-3 / 8 \times 1-1 / 2$ Inch Fender Washers
(Fender Washers supplied with all orders)
- Anchor using the four primary corner holes.

IMPORTANT: Due to the variances in concrete mixtures and applications (such as, concrete mixture type, psi strength, slab thickness, cure time, etc.), concrete fasteners used to secure the Safety Boot MUST be evaluated on a case by case basis by a qualified competent person. They should verify that the selected fastener specifications for average ultimate pullout and shear values are in compliance with the OSHA required strength standards.* Most concrete fasteners are packaged to include a product specification chart that denotes the average ultimate pullout and shear values in concrete and/or hollow block applications.

* OSHA STANDARD 1926.502(b)(3):

Guardrail systems shall be capable of withstanding, without failure, a force of at least 200 pounds ( 890 N ) applied within 2 inches ( 5.1 cm ) of the top edge, in any outward or downward direction, at any point along the top edge.

## Solits

# - ADDIIONAL INFORMATION 

## - SAFETY BOOT GUARDRAIL SYSTEM

enables the builder to easily construct freestanding guardrail and stair rail systems that meet OSHA
Standards on every job-site, even when using different employees or subcontractors.

## OSHA STANDARDS REQUIRE THAT ENGINEERING TEST DATA CERTIFICATION MUST BE AVAILABLE for the OSHA Compliance Officer on all temporary guardrail systems (including job-built railings). [Subpart M - Appendix B] <br> SEE INSIDE FOR DETAILED ILUSTRATIONS AND STRESS ENGINEERING REPORT SUMMARY

## HOIST AREAS

Each employee in a hoist area shall be protected from falling 6 feet ( 1.8 m ) or more to lower levels by guardrail systems or personal fall arrest systems. If guardrail systems, (or chain, gate, or guardrail) or portions thereof, are removed to facilitate the hoisting operation (e.g., during landing of materials), and an employee must lean through the access opening (to receive or guide equipment and materials, for example), that employee shall be protected from fall hazards by a personal fall arrest system. [§1926.501(b)(3) Duty to have fall protection]

## THE GENERAL / PRIME CONTRACIOR IS RESPONSIBLE

for assembling to OSHA standards, all of the various temporary railing systems mandated for different workplace situations.

For Technical Support or to Reorder, Call Toll Free 1.800.804.4741 www.safetyboot.com info@safetyboot.com

# $\checkmark$ STEP ONE Assemble Posts <br> Assemble Guardrails Using (Stress Grade) Construction Grade Lumber 

## $\checkmark$ STEP TWO <br> Placement of Posts

- Cut $2 \times 4$ lumber into two 42 inch lengths. DO NOT use wet or oversized lumber.
- Fasten the lengths together with screws or nails to form a post.
- Place one end of the post into the top of the Safety Boot and tap until the bottom of the post is flush with the bottom of the Safety Boot.
- Be sure and anchor the Safety Boot to the post using one Hex-Head Lag Screw, $3 / 8 \times 2$ inch with provided washer.


## Placement of Posts Should be Along Unprotected Sides or Edges

- Place Safety Boot Posts in line along all edges of unprotected walking/working surfaces of stairways, balconies, landings, roofs, on parapets, elevator shafts, bridges, etc.
- Space between the Posts MUST NOT exceed Eight (8) feet according to OSHA guidelines.
- Place Safety Boot Posts a maximum of Eighteen (18) inches on center away from all permanent wall structures. (Always leave ample room for

| NOTE |
| :---: |
| Maximum Distance <br> of 8 Feet <br> Between the Posts | drywall installation, if required).

## $\checkmark$ STEP THREE Anchor Posts to Surface

## Anchor Posts to Subfloor Surface

- Securely fasten Sufety Boots to surface using specified fasteners (see previous page) and provided washers.
- You MUST always use the correct fasteners for different types of flooring - To meet OSHA strength requirements refer to the Fastener Specifications Section in this instruction booklet for your specific subfloor application.
- DO NOT USE NAILS TO ANCHOR THE BOOTS! ALWAYS USE THE CORRECT FASTENERS!



## Fasten Top Rails and Mid Rails to Posts and Insert Toeboards Between Posts

- For Stair rails, including Handrails, top railings must be attached to the posts at approximately $39-40$ inches.
1926.1052(c)(7) states: When the top edge of a stairrail system also serves as a handrail, the height of the top edge shall be not more than 37 inches $(94 \mathrm{~cm})$ nor less than 36 inches $(91.5 \mathrm{~cm})$ from the upper surface of

- For Guardrails, including Landings, top railings must be flush with top of posts (42 inches).
- For all Mid-rails, fasten halfway between top railing and flooring.
- Terminal (End) System, always extend the railings past the posts and stop the railings four (4) inches from any permanent structure. EXCEPTION: Where there is no permanent structure, the ends of the rails must stop at the terminal post to prevent a projection hazard.
- For Toeboards, (required by OSHA), cut 2X4's to fit tight between two posts and drop into toeboard slots on each Safety Boot. (Toeboards are not required on stair rail systems).

8 FEET ON CENTERS

## Applies to Unprotedted Sides or Edges - Subpart M- $\$ 1926.502$ Fall Protection Systems Criteria and Practices



UNPROTECTED SIDE OR EDGE OF PERMANENT STRUCTURE

## Applies to Stairways, Handrails, Stair Rail Systems and Stairway Landings - Subpart X—Stairways and ladders



# SUMMARY OF TESTS PERFORMED ON THE 

## SAFETY BOOT ${ }^{\circledR}$

PERFORMED FOR
SAFETY MAKER, INC.
PERFORMED BY
STRESS ENGINEERING SERVICES
HOUSTON, TEXAS

W. T. Asbill, P.E.

JULY 15, 2002
Revised April 11, 2003

STRESS ENGINEERING SERVICES (SES) IS A MULTI-DISCIPLINE ENGINEERING COMPANY THAT SERVES A VARIETY OF INDUSTRIES. ONE OF THE SERVICES PROVIDED BY SES IS A TEST FACILITY IN WHICH A VARIETY OF PRODUCTS ARE TESTED.

A SERIES OF TESTS WERE PERFORMED FOR SAFETY MAKER ON THEIR SAFETY BOOT®. THE PURPOSE OF THE TESTS WERE TO DETERMINE THE MAXIMUM LOAD THE BOOT AND FLOOR ASSEMBLY COULD WITHSTAND. THE TESTS WERE PERFORMED ACCORDING TO OSHA 1926.502 WHICH IS A CONSTRUCTION REGULATORY GUIDE FOR FALL PROTECTION GUARDRAIL SYSTEMS. THIS GUIDE REQUIRES THAT THE GUARDRAIL SYSTEM MUST BE ABLE TO WITHSTAND A FORCE OF 200 POUNDS AT A HEIGHT OF 42" ABOVE THE FLOOR.

A NUMBER OF TESTS WERE PERFORMED USING A VARIETY OF BOLTS AND SUBFLOORS. BELOW IS A TABLE AND PLOT THAT SUMMARIZES SOME OF THE TEST RESULTS. IN ALL TESTS SHOWN, THE SAFETY BOOT ASSEMBLY EXCEEDED THE OSHA REQUIREMENT OF 200 POUNDS FORCE. THE TESTS HAVE SHOWN THAT IT IS IMPORTANT TO HAVE THE CORRECT COMBINATION OF LAG BOLT SIZE, WASHER SIZE, NUMBER OF LAG BOLTS AND FLOOR MATERIAL THAT THE SAFETY BOOT IS ATTACHED TO. SOME FLOOR MATERIALS, SUCH AS PIYWOOD LESS THAN $1-1 / 8^{\prime \prime}$ THICK AND OSB, ARE INSUFFICIENT BY THEMSELVES AND MUST HAVE ADDITIONAL SUPPORT (2" PINE BOARD) FOR THE BOLTS TO PENETRATE. WITH THE ATTACHMENT COMBINATIONS SUMMARIZED, THE SAFETY BOOT EASILY EXCEEDED THE OSHA MINIMUM REQUIREMENT OF 200 POUNDS FORCE.

## SUMMARY OF SELECTED SAFETY BOOT® STRESS TESTS PERFORMED BY SES

| TEST NO. \& TEMPERATURE | LAG BOLT | FENDER WASHER | SUBFLOOR MATERIAL | MAX. FORCE POUNDS |
| :---: | :---: | :---: | :---: | :---: |
| 1: Room | $3 / 8^{\prime \prime} \times{ }^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HLOOR Plywood \& $2^{\prime \prime} \times 10^{\prime \prime}$ Yellow Pine | 488 |
| 2: Room | $3 / 8^{\prime \prime} \times 3^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HFLOOR Plywood \& 2" $\times 10^{\prime \prime}$ Yellow Pine | 502 |
| 3 : Room | $3 / 8^{\prime \prime} \times{ }^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HFLOOR Plywood \& 2" x 10" Yellow Pine | 467 |
| 4: $0^{\circ} \mathrm{F}$ | $3 / 8^{\prime \prime} \times{ }^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HFLOOR Plywood \& 2" x 10" Yellow Pine | 680 |
| 5:-13 ${ }^{\circ} \mathrm{F}$ | $3 / 8^{\prime \prime} \times{ }^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HFLOOR Plywood \& 2" x 10" Yellow Pine | 574 |
| $6:-15^{\circ} \mathrm{F}$ | $3 / 8^{\prime \prime} \times 3^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 23/32" STURD-HFLOOR Plywood \& 2" $\times 10^{\prime \prime}$ Yellow Pine | 542 |
| 7 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | $2^{\prime \prime} \times 10^{\prime \prime}$ Yellow Pine | 420 |
| 8 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 2" $\times 10$ " Yellow Pine | 407 |
| 9 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 4^{\prime \prime}$ | 2" $\times 10$ " Yellow Pine | 435 |
| 10 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | $2^{\prime \prime} \times 10^{\prime \prime}$ Yellow Pine | 337 |
| 11 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | 2" $\times 10$ " Yellow Pine | 405 |
| 12 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | $2^{\prime \prime} \times 10^{\prime \prime}$ Yellow Pine | 430 |
| 13 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | 1-1/8" STURD-HFLOOR Plywood | 387 |
| 14 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | 1-1/8" STURD-IFLOOR Plywood | 530 |
| 15 : Room | $3 / 8^{\prime \prime} \times 2^{\prime \prime}$ | $3 / 8^{\prime \prime} \times 1-1 / 2^{\prime \prime}$ | 1-1/8" STURD-IFLOOR Plywood | 504 |

## SAFETY B00T® ${ }^{\circledR}$ ENGINEERING STRESS TEST RESULTS




## IMPORTANT INSTALLATION INFORMATION

All specifications and dimensions for building compliant railing systems given within these installation instructions are written to meet United States Federal OSHA requirements of 1926.502(b)(3), (4), and (5) which are subject to change. Individual U.S. States with their own State run OSHA agencies might have slightly different and varying specifications for guardrail requirements. Be sure to check and confirm if your particular state follows Federal OSHA or State OSHA regulations. Always follow the specific safety regulations for your state or region.

## Make sure each person reads and understands these instructions prior to use. Failure to observe this warning could result in serious injury or death. Manufacturer assumes no liability in the event of improper installation, product misuse, or failure of wood construction substrate. Never alter or modify the Safety Boot or Tall Guardrail Brace. Make sure that the top rail and mid rail do not create a projection hazard. <br> ALWAYS CAREFULLY INSPECT EACH SAFETY BOOT AND TALL GUARDRAIL BRACE AND HARDWARE DAILY AND BEFORE EVERY NEW INSTALLATION. REPLACE IMMEDIATELY IF YOU NOTICE ANY SIGNS OF EXCESSIVE WEAR, DAMAGE, ABUSE OR PRODUCT DEGRADATION.

## *OSHA Regulations (Standards - 29 CFR)

Guardrail Systems - Non-Mandatory Guidelines for Complying with 1926.502(b) 1926 Subpart M App B states that for wood railings:
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FOR TECHNICAL INFORMATION PLEASE CONTACT:


Safety Maker, Inc.
P.O. Box 880 • Cypress, Texas 77410-0880 800-804-4741•info@safetyboot.com

